

MAPIO PSB

(Measurement And Planning using Inputs and Outputs for PSBs)

PSBs work across many organisations and priorities, making it difficult to show how well-being work is connected and what difference it makes. MAPIO offers a simple way to think about PSB efforts in terms of what goes in (effort, time, resources, partnership working) and what comes out (practical actions and wellbeing improvements). The project builds on the blueprint developed through the Swansea University MATHER project, funded by TPI Manchester and implemented with participation of leading PSB pioneers.

What MAPIO does

MAPIO is a free mapping and learning tool. It offers PSBs a clear, minimal effort way understand and reflect on their own activity. It can help to show:

- How activity is spread across partners;
- The links between activity, effort, and well-being results;
- Current strengths, gaps and, opportunities;
- What kinds of future activities might be most effective.

What MAPIO involves

We support your PSB members through a structured process:

Reviewing PSB activity: We look at your recent wellbeing work and organise it into simple “inputs” (what was needed to deliver it) and “outputs” (what it achieved). We can get this information from past reports or support you to record current activity.

Workshop 1: We explain the MAPIO approach, how we record activity, and support you to use the tool effectively. The workshop works best when the people involved in PSB activity can join in, as they know best if our data reflects real activity.

After the first workshop, we ask attendees to check that the activity is recorded properly so that we can do some statistical analysis in preparation for the second workshop.

Workshop 2: We go over the findings together, discuss what they mean, and identify practical next steps for how to use the findings.

How has MAPIO been used already?

We ran a pilot of MAPIO with the Neath Port Talbot PSB. Our evidence showed that:

- PSB activity is overdependent on goodwill between officers;
- Funding and data skills were effective when used, but hard to acquire;
- Focused work on governance and PSB identify would have a big impact;
- Shared spaces are scarce, but effective at enabling community-led activity.

Get involved!

If your PSB is interested in using MAPIO, we'd be happy to discuss how it could support your well-being planning and reporting. This project is funded as a part of [WISERD](#).

Contact Tom Avery for more information at t.s.avery@swansea.ac.uk